



The Care Team+

bringing care home

What do we do?

The Care Team is a home healthcare company owned and managed by nurses. Our goal is achieve and maintain excellence in care.

We provide healthcare services that range from basic support and home help through to complex multi-disciplinary care in your home.

We simplify your care at home by acting as a communication portal between hospitals, GP's, Public Health Nurses, voluntary and private service providers.

Team Members

Nurses

Carers

Physiotherapists

Occupational Therapists

Speech and Language

Dietician / Nutritionist

Counsellor

Chiropodist/ Podiatrist

Services Available

- ✓ Home Help
- ✓ Personal Care
- ✓ Supported Early Discharge
- ✓ Enablement Programmes
- ✓ Wound Care
- ✓ Post-Operative Care
- ✓ Chronic Illness Support
- ✓ Palliative Care
- ✓ Medication Management

Qualifications

All our staff are qualified and registered with their associated professional bodies. We reference check and Garda check everyone who works for us. All healthcare workers have current CPR and Manual handling certificates.

01 9022 922

www.careteam.ie

How does it work?

Step 1: Contact us directly on 01 9022 922 or email us info@careteam.ie. If you are in hospital you may also ask the discharge planner to contact us on your behalf.

Step 2: We will call in to meet with you and /or your family to discuss our services and your requirements.

Step 3: If you choose to go ahead with us, we will carry out a full assessment of your healthcare needs and draw up a comprehensive care plan tailored to you, following consultation with you and your medical team.

Step 4: We will organise your discharge home and put any services in place that make up your care plan including physiotherapy, OT, wound dressings, bloods etc.

Step 5: You will be introduced to the team assigned to your care and the hours of service will be confirmed with you.

Step 6: We will liaise with your GP, public health nurse and pharmacist on your discharge to ensure your care runs smoothly and all the disciplines are aware of how you are progressing.

Step 7: Our team co-ordinator will regularly review your condition and ensure the care you are receiving is suitable and update any services as required to maximise the benefit for you.

Excellence in Care: Our robust clinical governance framework ensures that our decisions and care are founded on the best available evidence based practice that will positively and safely influence the course of your recovery.

Up to 41% tax relief available on all services.

Some services may be available to you through your private health insurance. Ask us for more details.





Frequently Asked Questions

How do I know what services I will need?

The Care Team nurse manager will meet with you and /or your family. We will carry out an assessment and following a consultation with you and your medical team we will put together a schedule of care for you.

How do I contact all the healthcare professionals that I will need?

We will co-ordinate your care from start to finish and liaise with all relevant parties to ensure a seamless rollout of care and clear lines of communication.

How do I pay for the services?

Our services may be paid for privately. Certain services are available on your private health insurance. We will be happy to advise you on the benefits applicable to you. The HSE may part fund some of your care but this is very much on a case by case basis.

Can I get tax relief on your service?

Yes. You can avail of up to 41% tax relief. www.citizensinformation.ie or www.revenue.ie

Is your service for private clients only?

No. We care for both private and public clients. We provide care on behalf of the HSE on a case by case basis.

Are your staff Garda vetted?

Yes. All our staff are Garda vetted and fully reference checked.

Do I have to sign a contract?

Yes, you will sign a contract of care. This does not tie you into a timeframe. It confirms that you are consenting to our care and details who you would allow us to discuss your health details with.

01 9022 922

www.careteam.ie



Packages

Our packages are individually tailored to our clients as one size does not fit all. We have laid out examples of some of the more popular packages below.

Home Help / Social Care Package

Basic support may only be required for 1 hour a day but is available through to 24/7 hours, 365 days per year. We understand that when it comes to living safely and independently in your own home it's the small things that make the difference.

Supported Early Discharge (Short Term Care)

Typically this package may include a nurse, carer and physiotherapist for example following a hip replacement, quite commonly a person may require;

- ✓ 1 nurse visit a week
- ✓ 2 hours personal care a day for a week
- ✓ 2 Physiotherapy visits a week

Enablement Programmes (Intermediate Care)

This may be put in place following a prolonged illness or following an event that has left you with a residual disability and can involve a number of our services. The level of care will reduce as you regain your strength and confidence, e.g.:

- ✓ Daily personal care to assist with washing, dressing and toileting
- ✓ Home help to assist with meal preparation and household chores
- ✓ Nursing Care - wound care, medication management, bloods etc.
- ✓ Physiotherapy
- ✓ Occupational therapy
- ✓ Dietician

Palliative Care

Our multidisciplinary team will support our clients and their family during the last few days, weeks or months of their lives. We carry out our care with compassion, empathy and consideration.

- ✓ Care co-ordination with the Cancer Society and the Hospice
- ✓ Clinical triage
- ✓ 24 hour telephone support
- ✓ Nurse on call
- ✓ Medication management
- ✓ Counselling
- ✓ Personal care

